

could change on a daily basis depending on what was happening in your life.

I knew I was in an agitated state left over from my argument with Paul. I wasn't close to feeling happy and content.

"The orange color means emotional anticipation. You expect the situation to change. It is the color of worry or preoccupation. It is the aura of someone caught up in their thoughts, who has problems letting things naturally unfold."

She certainly was right about that. I was preoccupied with my bruises, my platelet count, my relationship with Paul, most everything in my life. I made my living thinking about things. Perhaps I was successful as a systems analyst because I had a natural ability to ponder options. This was not a skill that was always useful in the rest of my life.

"I'm glad to see the green," she continued. "Green means emotional healing. It is taking a good look and determining what is productive and what isn't. You have both resistance to change and desire to change." Julie leaned forward for a better look at me and squeezed the jade bear in her hand. "Between the aura and the body there is a thin white line called the etheric body. When there is a physical problem I see a cloud in front of that area of the body. You have several clouds. I don't see any spleen energy."

"That's because I had my spleen removed," I replied, amazed at her ability to sense this. I doubted she knew that splenectomies were often used to treat ITP and I hadn't mentioned it in my introduction.

"In oriental philosophy, the spleen oxygenates the body. When the spleen is taken out, your nourishment is removed." She paused and continued scanning my body. "You need to watch two other areas. You have a cloud over your adrenals. The emotion attached to the adrenals is in the form of a word missing from your vocabulary. That word is 'no.' When someone comes up to you and asks you to do something and you feel like saying 'no,' you need to honor that feeling."